Fort Carson
Community Information Exchange

2 June 2011, 0930-1100
Special Events Center
(As of 9/10/16)

Our Mission: *Provide mission support, services and quality of life programs to Fort Carson Soldiers, Families and community, to enable units to execute expeditionary operations while minimizing stress on Soldiers and Families in a time of persistent conflict.*

Agenda

- Call to Order by PAIO representative
- Volunteers of the Quarters
- Garrison Commander
  - New Fiscal Reality
  - Army Family Covenant
  - Summer Safety Campaign
- CG’s Spouse & DCSM’s Spouse
- Organization/Agency Briefs
  - MEDDAC Commander
  - Religious Support Office
- Special Briefs
  - Army Family Action Program
  - Fort Carson Thrift Shop
  - 4ID/Ft. Carson Layette
  - Fort Carson Spouse Officer Club
- Garrison Commander
  - Summer Activity Calendar Events
- Question & Answer Period with Gar Cdr (using 3 x 5 cards)

Garrison Commander
(719) 526-5600

Acting Senior Commander, Fort Carson

CG Spouse & DCSM Spouse

Getting Informed is a Proactive Spor

Hail and Farewell

Garrison Commander
(719) 526-5600

A Fundamentally Different Fiscal Reality

New Fiscal Reality – Same Commitment to Soldiers and Families

• The Army's budget is smaller than it has been in previous years – getting smaller in upcoming years.

• A different fiscal reality will not change the reality of what we owe to Soldier's and Families.

• Not trying to do more with less, but doing the important things better.

• Challenges lie ahead in providing the levels of support our Soldiers and Families expect, but budget challenges can not impede these services we render each and every day.

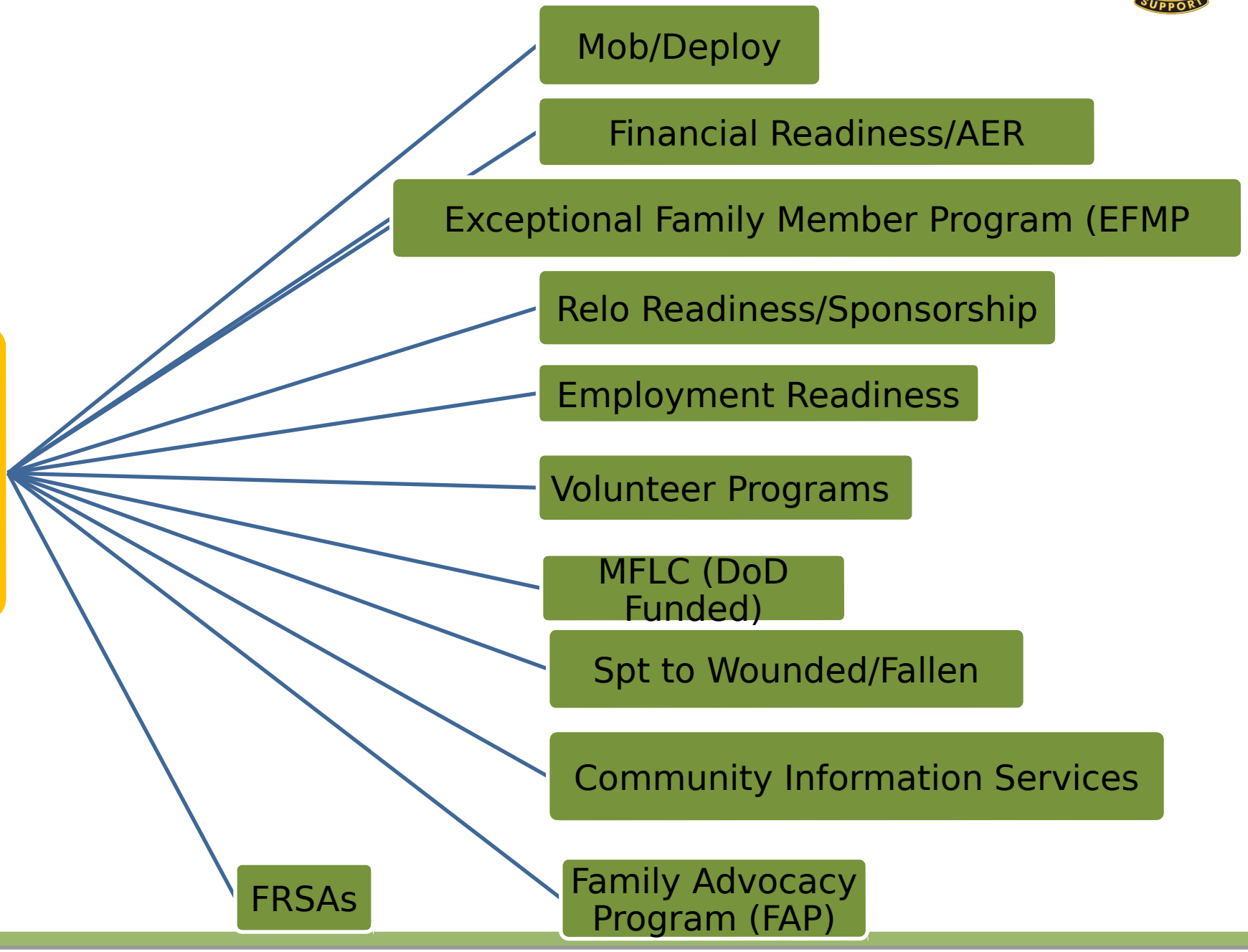
• Must find better and smarter ways to provide services and programs:

- Do we really need it?
  - Is it worth the cost?
  - What are we willing to do without?

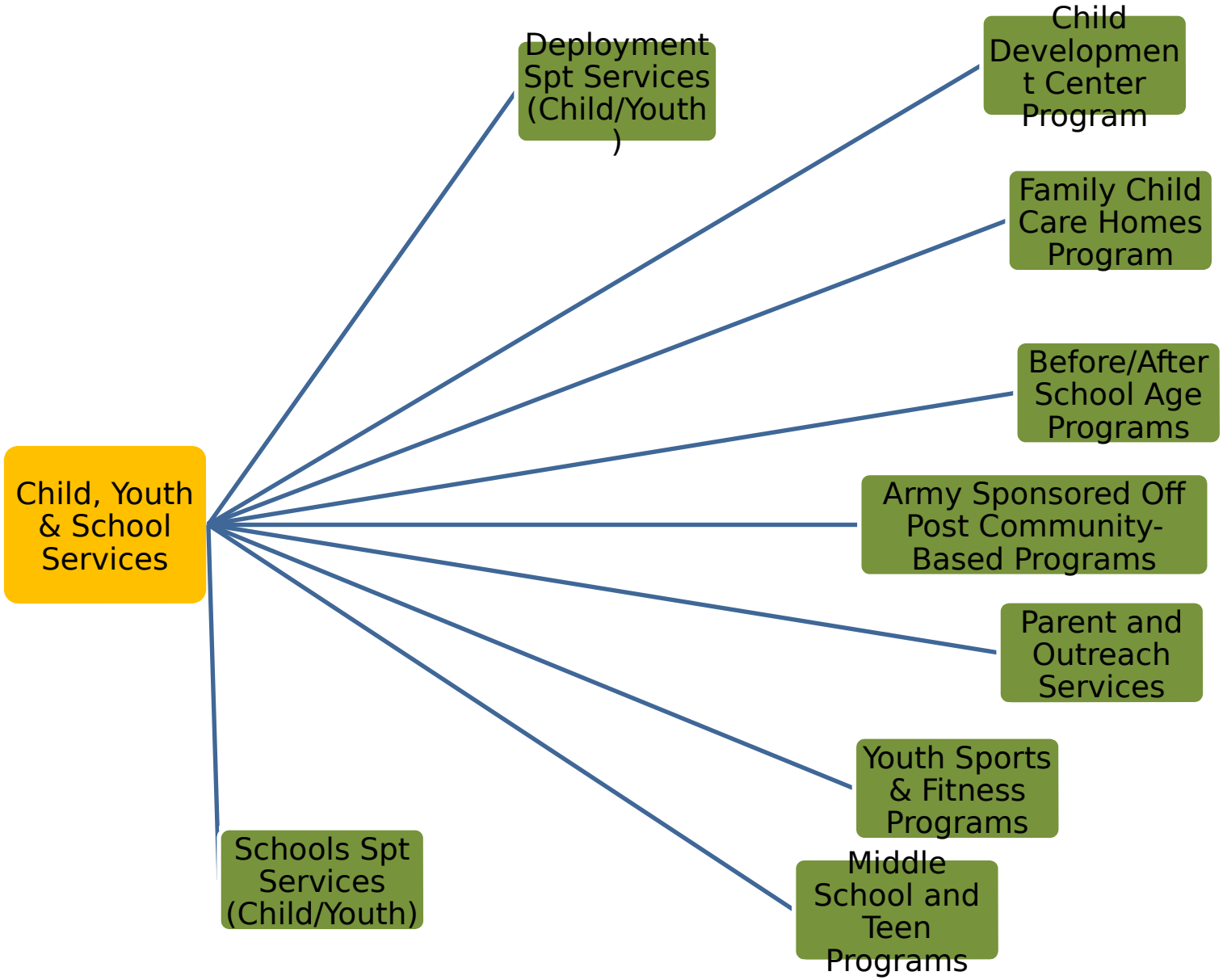
Army Family Covenant

- Family Programs and Services: *The Army is committed to standardizing Family programs & services*
- Health Care: *The Army is committed to increasing accessibility & quality of health care*
- Soldier and Family Housing: *The Army is committed to improving Soldier & Family housing*
- Child, Youth and School Services: *The Army is committed to ensuring excellence in child, youth, & school services*
- Education, Careers and Libraries: *The Army is committed to expanding education & employment opportunities for Family members*
- Recreation, Travel and BOSS: *The Army is committed to providing Soldiers and Families a quality of life that is commensurate with their service through quality Recreation, Travel & Better Opportunities for Single Soldiers (BOSS) programs/services*
- Communities and Marketplace: *The Army is committed to providing Families a strong, supportive environment where they can thrive*

Army Family Covenant: Programs/Services



Child, Youth and School Services

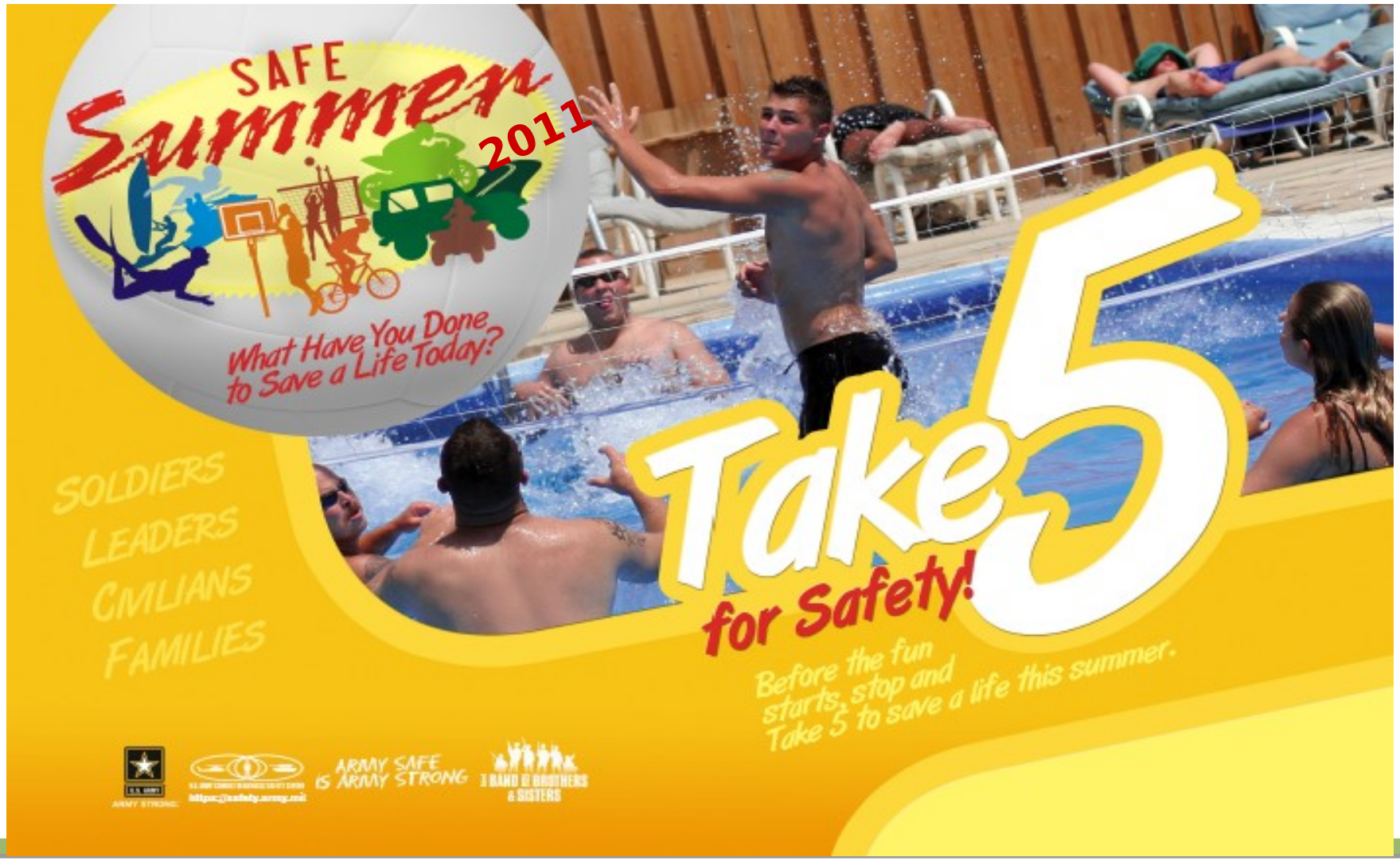

Child, Youth & School Services
Deployment Spt Services (Child/Youth)
Child Development Center Program
Family Child Care Homes Program
Before/After School Age Programs
Army Sponsored Off Post Community-Based Programs
Parent and Outreach Services
Youth Sports & Fitness Programs
Middle School and Teen Programs
Schools Spt Services (Child/Youth)

SUMMER SAFETY CAMPAIGN

What Have You Done to Save a Life Today

FORT CARSON SAFETY CAMPAIGN

Take 5



Organization/Agency Briefs

MEDDAC
(719) 526-7500

EACH School Physicals

Each TRICARE Prime member is assigned to one of seven clinics for their Primary Care: Evans Family Medicine Clinic, Pediatric Clinic, DiRaimondo Family Medicine Clinic, Robinson Family Medicine Clinic, Warrior Family Medicine Clinic or the Premier Health Clinic. Representatives at the clinics or appointment line can assist you with booking a school physical.

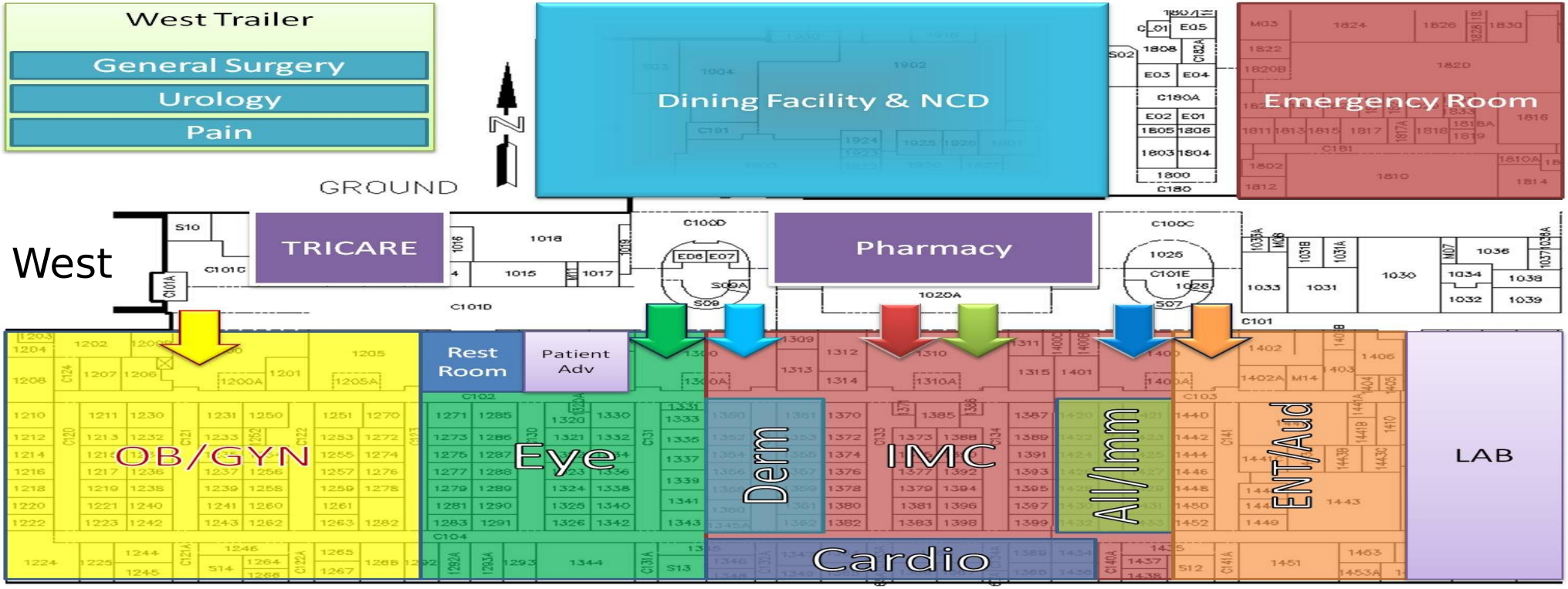
Call the Patient Appointment line 719- 457- 2273
Evans Family Medicine Clinic (Front desk & PCM messages: 524-4068)
DiRaimondo N. Family Medicine Clinic (Front desk & PCM messages: 524-2047)
DiRaimondo S. Family Medicine Clinic Front desk & PCM messages: 524-2738)
Robinson Family Medicine Clinic (Front desk & PCM messages: 526-7764)
Warrior Family Medicine Clinic (Front desk & PCM messages: 526-9277)
Premier Health Clinic (Front desk & PCM messages: 524-7601)
Pediatric Clinic (Front desk and PCM messages: 526-7653)

Go to student health tab, click on forms.
The top one (health assessment form) is the one for school physicals.
It is good for one year. POC for Fountain/Fort Carson would be:

Link to download the school physicals forms:
http://www.ffc8.org/

Asst. Supt. Secretary
Fountain-Ft Carson School Dist. 8
El Paso County School Dist. 8
719-382-1312
fax 719-382-7338

EVANS ARMY COMMUNITY HOSPITAL FOOTPRINT (APR 11-JAN 12)



Clinics on the 1st Floor

- OB/GYN
- Dermatology
- ENT/Audiology
- Internal Medicine
- Cardiology/Pulmonary
- Allergy/Adult Immunizations
- Ophthalmology/Optometry

Please refer to the Information Desk (526-7001) if you require any assistance navigating the hospital or have any questions.

Clinics in the West Trailer

- General Surgery
- Urology
- Pain

OTC Self Care Medications

Evans Army Community Hospital

Evans Army Community Hospital has a new program entitled Self-Care. It provides Soldiers, their Family members and TRICARE Beneficiaries access to over-the-counter medications. Now, cold and flu remedies, pain relievers and basic care medications are available simply by presenting your Self Care Class card and filling out a request form at all Fort Carson pharmacy locations and at Premier Army Health Clinic.

To get a Self Care Class card, beneficiaries must attend a one hour-long class offered every third Wednesday of each month at 1-2 p.m. in EACH room 1018 (B.K. George Hall—near the hospital's dining facility).

Evans Army Community Hospital
1650 Cochrane Circle
Fort Carson, Colorado
Your Address Line 4

The EACH Outpatient Pharmacy is located on the hospital's ground floor. Present Self Care Class card for OTC medications.

Religious Support Office
526-5279

For the latest in RS events and programs,
visit us on Facebook:
http://www.facebook.com/pages/Fort-Carson-Chaplains-Religious-Support-Office/126733867397948?sk=wall

Religious Program Events (+60)

- **Vacation Bible School**
  - 13-17 June, 0900-1200, SMC. Registration required, volunteers needed, child care provided for volunteers. POC - 526-5744/526-2458
- **18-19 Jun – Father's Day Chapel Recognition Programs**
  - All chapel services: fathers will be recognized and given gifts;
  - Gospel Svc:18 Jun, 0900, Fellowship Breakfast at Prussman Chapel;
  - 19 Jun, 1100, outdoor service and picnic at Iron Horse Park
  - POC 526-5279
- **Summer Christian Kids Club**
  - Tuesdays, 21 June – 2 August, 0830-1200 SMC. VBS-type program for kids K-5th grade, registration required, lunch provided. POC –526-5744
- **Chaplain Corps Anniversary Praise & Picnic**
  - 31 July Iron Horse Park @ 1100 POC 524-4316
- **Military Family Camp**
  - 7-13 Aug, Young Life Trail West camp. On-line application required, reservation fee, limited enrollment. POC –526-5279

Ongoing Religious Program Activities

Protestant Women of the Chapel (Nursery Care!!)

Tuesdays, SMC 0930-1130 (meets thru summer)

Jewish Lunch and Learn Study

Wednesdays, Provider, 1200-1300

Spouses of Deployed Soldiers Ministry

Wednesdays, SMC, 1700

All Faiths Youth Ministries Bible Study

Wednesdays, SMC, 1830

Latter Day Saints Prayer Service

Wednesdays, SMC, 1830

Community Prayer Lunch

Third Thursday monthly, SMC,1200-1330

Ongoing Religious Program Activities

Spanish Bible Study
Thursdays, SMC, 1800

Military Council of Catholic Women (Nursery Care!!)
Fridays, SMC, 0900-1100 (meets thru summer)

Gospel Women's Fellowship
2nd Saturdays, Prussman Chapel, 0900

All Faiths Chapel Youth Group
Sundays, SMC, 1430-1630

Catholic Youth Ministry (Soldiers of Christ)
Sundays, SMC, 1200-1330

Special Briefs

AFAP Advisor

719-526-8636 (W)
719-659-8498 (C)

Fort Carson Thrift Shop

526-5966

Fort Carson Layette Program

Fort Carson Spouse Officer Club

Garrison Commander
(719) 526-5600

Significant Summer Events

- 10 June: Vietnam Veterans Welcome Home Celebration
  - 0700: 5K Fun Run in Iron Horse Park in Honor of Veterans
  - 0900: Artifact Ribbon Cutting Ceremony
  - 1000: Park Open for Activities
    - Kids Activities
    - Static Displays
    - Veteran Displays
  - 1100: Opening Ceremonies
- 15 June: Brothers at War Screening at McMahon Theater, 1500-1700
- 18 June: Army Ball
  - Start Time: 1800
  - Location: Crowne Plaza in Colorado Springs
  - Tickets available through ITR
- 3 July: Fort Carson 4th on the 3rd Firework Celebration

Complete MWR events calendar at
www.mwrfortcarson.com/

CIE Way-ahead

- Next CIE: 30 June 2011, 0930-1100 @ Hub (Bldg #1532)
- Revised Format for Future CIEs
  - More streamlined briefings
  - Rapid Fire Updates from Units on their organization
  - Morning CIEs will be the rule with an occasional exception
  - Preferred venue ECC, SEC then Hub
  - Improved information flow
- No CIE in July
- 25 August, 0930-1100 @ the ECC

Discussion & Questions